

Please be sure to read the enclosed leaflet from the Ministry of Health, Labor and Welfare before getting vaccinated.

2025

HPV Vaccination

(Cervical cancer prevention vaccination)

Notice

This notice is being sent to girls who are eligible for HPV vaccinations by public expense and their parents/guardians residing in Minato City.

We would like to inform you about HPV vaccinations by public expense.

We would like provide you with the necessary information to ensure that those who wish to vaccinate will receive their vaccinations without delay.



Inquiries

Public Health and Disease Prevention Section, Minato Public Health Center

☎ 03-6400-0094 FAX:03-3455-4460



About the HPV vaccination

1 Eligibility

As of the date of the vaccination, girls from the sixth grade of elementary school (equivalent to 12 years old) to the first grade of high school (equivalent to 16 years old) who are registered as residents in Minato City

For the 2025 school year, those born between April 2, 2009 and April 1, 2014 are eligible for the vaccine.

2 Vaccination Period

From the first day of the school year for the sixth grade of elementary school (April 1) to the last day of the school year for first grade of high school (March 31)

Please check the date printed in the upper right hand corner of the enclosed vaccination form for the expiration date for eligible persons.

3 Vaccine Types and Vaccination Schedule

HPV vaccine are available by public expense in Japan are 2-valent vaccine (Cervarix®), 4-valent vaccine (Gardasil®), the 9-valent vaccine (Silgard®9) .

9-valent vaccine (Silgard®9) have become a scheduled immunization from April 1, 2023.

When receiving your 1st vaccination, select one of the following vaccines to be administered 2 or 3 doses.

Vaccine name	9-valent vaccine (Silgard®9)	
Corresponding virus type	HPV 6, 11, 16, 18, 31, 33, 45, 52, and 58	
Number of vaccinations (administration schedule)	A child aged under 15 years old at the time of initiating the initial vaccine 2 doses (Intramuscular injection)	A child aged 15 years old and older at the time of initiating the initial vaccine 2 doses (Intramuscular injection)
Vaccination schedule	<p>Interval of 5 months or more*1</p> <p>Standard →</p>	<p>Interval of 1 month or more</p> <p>Interval of 3 months or more from the 2nd vaccine</p> <p>Standard →</p>
Manufacturer & distributor	MSD K.K.	

*1: If you get 2nd vaccine at intervals of less than 5 months, you need 3rd vaccine.

Vaccine name	2-valent vaccine (Cervarix®)	4-valent vaccine (Gardasil®)
Corresponding virus type	HPV 16 and 18	HPV 6, 11, 16, and 18
Number of vaccinations (administration schedule)	3 doses (Intramuscular injection)	3 doses (Intramuscular injection)
Vaccination schedule	<p>Interval of 1 month or more</p> <p>Interval of 5 months or more from the 1st vaccine, and 2 and half months or more from the 2nd vaccine</p> <p>Standard →</p>	<p>Interval of 1 month or more</p> <p>Interval of 3 months or more from the 2nd vaccine</p> <p>Standard →</p>
Manufacturer & distributor	GlaxoSmithKline K.K.	MSD K.K.

"Interval of x months or more" means that another vaccination can be received on the same day x months after the day receiving a vaccination.

▶ Please contact your local medical institution listed under "6 Vaccination Locations" to find out which vaccines they handle.

4 Vaccination Costs

Free - covered by public expense

However, a fee will be charged if the vaccination rules are not followed, such as if the expiration date listed on the vaccination form has passed, if a vaccination has been performed outside of the designated medical institutions, if the number of vaccinations has been exceeded, or if a vaccination has been performed without using the city's vaccination form.

5 What to Bring

In principle, children under the age of 16 must be accompanied by a guardian when receiving vaccinations. It is recommended that a parent accompanies the child for the first vaccination so that they can receive an explanation from the vaccinator. However, if a guardian cannot accompany the child, then please check the following.

If accompanied by a parent/guardian

- (1) Pre-vaccination check sheet for HPV (Human Papilloma Virus)
* The sheet with a **orange** border (The vaccination will go smoothly if you can fill in items in the sheet in advance.)
- (2) History of vaccinations of the person receiving the HPV vaccination (e.g., maternal and child/parent and child health handbook records.)
- (3) Other items that are used as necessary for reception at medical institutions (health insurance card, consultation ticket, medical certificates, etc.)

If not accompanied by a parent/guardian

• **Being accompanied by someone other than a guardian**

If a guardian cannot accompany the child for some special reason, then an individual other than the child's guardian will be allowed to accompany the child if there is a "letter of attorney" from the guardian. Individuals who can accompany the child are limited to those who are familiar on a regular basis with the health condition of the child who will be vaccinated. A guardian must fill out the letter of attorney on the vaccination day, and the individual accompanying the child should submit the letter of attorney to the medical institution with (1) to (3).

The form for the letter of attorney is posted on the Minato City Website.

• **For children aged 13 to 15 who will receive the vaccine alone**

Children between the ages of 13 and 15 can be vaccinated on their own if they have parental consent. The child's guardian should read this vaccination notice by the vaccination day and sign in the appropriate section on check sheet. The child who will be vaccinated should bring the vaccination form with them when they go to the medical institution.

• **Individuals 16 years old or older**

Individuals aged 16 years old or older may receive the vaccine only through their own consent.

The individual receiving the vaccine should sign in the signature space on the vaccination form .

[Minato City Website](https://www.city.minato.tokyo.jp/hokenyobou/yobousessyu/hpv.html)

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6 Vaccination Locations

Medical institutions listed in "HOSPITALS AND CLINICS FOR HPV VACCINATION" on website

A reservation may be necessary, so please check with your healthcare provider in advance. For a list of newer medical institutions in Minato City, please refer to the Minato City website (see 2D code above).

You can also get vaccinated at designated medical institutions in 23 cities of Tokyo. For the medical institution you wish to visit, check the website of the city office where the institution is located to see if it is a designated medical institution. If you wish to receive the vaccination outside of the 23 cities, you must complete the included Vaccination Request Form before receiving the vaccinations. Please see our website for more details.

7 Vaccination Precautions

Cases where you cannot get vaccinated

- (1) If you have an obvious fever (usually above 37.5°C)
- (2) If you have a severe acute illness
- (3) If you have had anaphylaxis-like symptoms and other hypersensitivity caused by the components of the HPV vaccination.
- (4) Or, if a physician determines that it is best that you do not get vaccinated

Cases where you need to make a particularly careful decision about getting vaccinated and need to consult with a physician

- (1) If you have unexplained pain that continues (throbbing or aching), such as when you get injured.
- (2) If previous vaccines (including non-related vaccines) have caused severe pain and numbness in both hands and feet.

Precautions after vaccination

- Sit down and watch for about 30 minutes after receiving the vaccine.
- Do not exercise violently on the day you receive the vaccine.
- If you experience any symptom of concern, immediately consult a doctor, adults around you, or Minato City.

8 Adverse Reactions (Observable Side Effects After Vaccination), Etc.

Main adverse reactions that may occur after vaccination

Frequency of occurrence	Vaccine: Cervarix®	Vaccine: Gardasil®	Vaccine: Silgard®9
50% or more	Pain, redness, swelling, fatigue	Pain	Pain
Less than 10% to 50%	Pruritus, abdominal pain, muscle and joint pain, headache, etc.	Erythema, swelling	Swelling, erythema, headache
Less than 1% to 10%	Urticaria, dizziness, fever, etc.	Headache, pruritus, fever	Dizziness, nausea, diarrhea, pruritus, fever, fatigue, Internal bleeding, etc.
Less than 1%	Sensory abnormalities at injection site, hypoesthesia, general weakness	Diarrhea, abdominal pain, extremity pain, musculoskeletal stiffness, Induration, bleeding, discomfort, malaise, etc.	Vomiting, abdominal pain, muscle and joint pain, bleeding, hematoma, malaise, induration, etc.
Frequency unknown	Extremity pain, fainting, lymphadenopathy, etc.	Fainting, vomiting, muscle and joint pain, fatigue, etc.	Hypoesthesia, fainting, extremity pain, etc.

Reorganized from the attached Cervarix® document (14th edition), the attached Gardasil® document (3rd edition) and the attached Silgard®9(1st edition)

Severe adverse reactions that occur rarely after vaccination

Report frequency*	Name of disease	Main symptoms
Once in approximately 960 thousand vaccinations	Anaphylaxis	A severe allergy that causes dyspnea, urticaria, etc.
Once in about 4.3 million vaccinations	Guillain-Barre syndrome	A disease of the peripheral nerves that is characterized by weakness in the hands and feet
Once in about 4.3 million vaccinations	Acute disseminated encephalomyelitis (ADEM)	A neurological disease, such as in the brain, that causes headache, vomiting, and decreased consciousness
Once in about 8.6 million vaccinations	Complex regional pain syndrome (CRPS)	A disease with an unknown cause that causes chronic pain as a result of trauma

* Among the reports identified by the Ministry of Health, Labour and Welfare by March 2013, a reported frequency in which a relationship with vaccines cannot be denied

Consultation Desk

After vaccination, if you have any persistent pain (e.g. muscle pain, joint pain, skin pain, headache) with an unknown cause or symptoms such as numbness or weakness, consider consulting with a physician or vaccinator at the following dedicated contacts and Minato City:

Contact information for those who have symptoms after receiving a HPV vaccination



<https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou28/madoguchi/index.html>

Cooperative medical institutions for the treatment of symptoms that occur after receiving a HPV vaccination



https://www.mhlw.go.jp/bunya/kenkou/kekkaku-kansenshou28/medical_institution/index.html

Relief System for Health Injuries due to Vaccination



https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/vaccine_kenkouhigaikyusai.html

9 Others

Cervical cancer screening

Regular cervical cancer examinations are also important for the prevention of cervical cancer. There are some types of HPV that cannot be immunized against. As such, you should have a cervical cancer screening once every 2 years after age 20, whether or not you have been vaccinated.

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